

A Day Of  
**Vocal**  
**Improvisation**  
with



**The Centre for Science and Art**  
13 Lansdown, Stroud GL5 1BB

**Saturday 3<sup>rd</sup> November 2018 10am - 4pm**

There is something deeply satisfying and refreshing about singing intuitively in response to other voices.

*Pauline's workshop will include ways of developing deep listening and a strong body/breath/voice connection.*

*She will offer safe enabling structures for creating and developing collaborative 'songs in the moment'.*

Using the voice more freely can help to build confidence as well as release energy and enable relaxation and a sense of wellbeing. Use it as inspiration for creating your own compositions or just come to enjoy being and sounding fully in the moment

**The workshop is suitable for all singers - no special skill or experience is needed.**

Cost **£35** or **£30 early bird booking**  
(before 1<sup>st</sup> October 2018)

Booking details and info: Sheila Macbeth: [lady@macbeth.me.uk](mailto:lady@macbeth.me.uk)

*Pauline has worked for many years as a choir leader and vocal choreographer both locally and internationally. Her love of spontaneous singing comes originally from her background in the anarchic world of theatre impro and clowning as well as her extensive experience of using singing to promote health and well-being with all ages. Her workshops are renowned for their playfulness, humour and fun as well as for their moments of musical magic!*